

HEART

PURE HEART in my church

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You could implement the program in an easier way

•Announce in your church that there will be a program of help for 7 weeks "once a week" for all those women that have suffered sexual abuse in their childhood.

•That all those who are interested send you an email to let you know their interest.

- Define the day and the time that you could have the reunion in person (explain that further in).
- In person program for *PURE HEART* is designed for the participants to reunite the designated day for the weekly reunion, watch the corresponding video to the session. After, respond verbally to the questions mentioned at the end of every video (see detail further in) and during the week respond to the chapter of the manual that corresponds to each week.

HOW DOES THE PROGRAM FOR PURE HEARTWORK?

- 1. The women interested in attending the program have already communicated with a facilitator.
- 2. The facilitator will form part of the group with the participants that have registered, will make the order of the required manuals so that each participant has their own material.



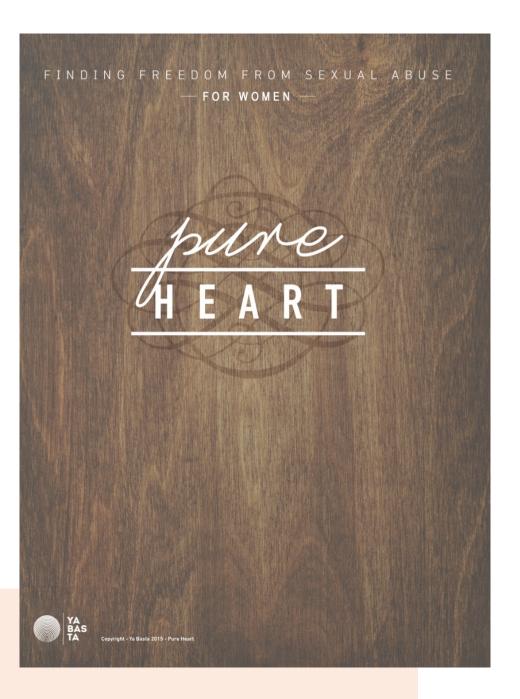
3. The facilitator will obtain the seven videos through a unique donation (40 USD) in the platform of the website of YA BASTA, where you can install to reproduce them in each session. www.yabastaonline.com/corazonpuro/

4. The program of Pure Heart in person is divided into seven weeks to take once a week in sessions of small groups. Includes weekly videos pre recorded and work manuals.

RESPONSIBILITY OF THE FACILITATOR

- 1.
- Organize and coordinate to the group of women that desire to take *Pure Heart.*
- Acquire manuals previous to the start of the course to each participant.





2. Coordinate the group day, time and place to meet in person once a week.

•A room, boardroom, special room for that meeting or any private classroom intended for that particular use. **IT IS NOT ALLOWED TO TEACH IN HOUSES.**

•The day and time assigned to meet as a group will not be modified. It is requested to keep a schedule and a fixed place for the seven weeks that the course lasts. **3.** Create a comfortable and safe atmosphere, where the participant can feel free to share and open their heart. If the facilitator suffered sexual abuse it is important that she share her testimony, it is recommended to be the first to expose it.

4. The facilitator must make a verbal commitment to the participants, which consists of the following: **"What is spoken here, stays here."** Total discretion is requested between the participants and the facilitator. It is not allowed to expose outside the group what a participant shares within the session.

5. During the sessions, all together you will see the video of the corresponding week.

 At the end of the video, the facilitator asks the question or questions that are mentioned at the end of the corresponding video, she will encourage the participants to answer verbally. The facilitator will moderate the time so that the questions in the group are answered.



- The facilitator will allow the participants to participate and respond one by one during the session.
- It is important that during group meetings, both the facilitator and the participants do not interrupt the participant who is talking and opening her heart (they are probably doing it for the first time in their life). Only one person speaking per shift. No cross-conversations (when two people talk to each other excluding the others).

6. During the week, the facilitator must be aware of each participant encouraging her, praying for the group and their needs, remembering that the requirements such as tasks and meditation of the verse of the week are met.

• 7 Teaching videos, you will see one per week in a group way during the session.



CHARACTERISTICS OF THE FACILITATOR

- Woman with a personal relationship with God(To read the word and pray).
- Of good testimony
- Mature in the faith
- Discrete
- Compassionate
- That it is reliable
- That knows how to listen

PARTICIPANT'S COMMITMENT

- 1. Attend the seven face-to-face meetings of *PURE HEART* and comply with the facilitator's requirements.
- 2. If the participant misses two sessions, she will be removed from the group and will have to wait to start a new cycle.
- 3. Be honest, vulnerable, open to open your heart week by week.
- Be discreet with the confessions of the participants and fulfill their verbal commitment of "What is spoken here, stays here".

PRAYER

If possible, we recommend that in addition to the prayer time that each facilitator has for their participants, you support yourself with the prayer and intercession ministry of your church to be covering the group that is taking the *PURE HEART* program. The goal is not to give names or details of the participants. It is a delicate spiritual subject that needs the prayer of the body of Christ.

FREQUENTLY ASKED QUESTIONS

- How long should each session last? From 1 hour and a half to 2 hours. It is recommended not to exceed 2 hours.
- From what age can you take the program? From 16 years and older.
- Can new participants be integrated after the first session? It is recommended not to integrate new participants into an already formed group, if there are interested people they are asked to wait for a new group to open.

- How many absences can a participant have in the group sessions? At the second foul, the participant is left out of the group. This is to respect the commitment of attendance that everyone made at the beginning of the course.
- Is the class replenished to a participant who missed a session? This will be for the consideration of the facilitator, whether she is available to do so or not.
- **Recommended.** At the end of the seven sessions, it is recommended to hold a final celebration meeting to complete the course. It could be in a restaurant or in the same room where they met.

If you have any doubts or questions, write to **corazonpuro@yabastaonline.com**



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